

## M5 A school lunch recipe



Jamie Oliver is a famous chef on British TV. He went to many schools and checked the lunch menus. He found that a lot of the lunches were very unhealthy and they made pupils fat. This is why he started his own TV show, "Jamie's School Dinners". In the show, he visits schools everywhere in Britain and cooks for pupils.

a) Read this school recipe from Jamie Oliver. Put the pictures in the right order.

### Sweet tomato pasta

For 4

#### You need:

500g pasta  
1 onion, peeled and chopped  
2 cloves of garlic, peeled and chopped  
olive oil  
1 teaspoon dried oregano  
1 dried chilli, chopped  
800g tinned tomatoes  
3 tablespoons balsamic vinegar  
basil leaves or a piece of Parmesan cheese  
some sugar

1. Fry the onion and garlic in some oil in a pan.
2. Add the oregano and chilli. Cook everything for 4 minutes until soft.
3. Add the tomatoes and cook everything for 15 minutes.
4. Add the balsamic vinegar and some sugar. Then stir until you have a fine tomato sauce.
5. Cook the pasta for 8 to 10 minutes in a large pot of boiling salted water.
6. When cooked, drain the pasta.
7. Serve the hot pasta with tomato sauce and decorate each plate with some basil leaves or add some Parmesan cheese.



**tip**  
Be careful of false friends!  
chef = Koch  
boss = Chef

b) Read the recipe again. Find words for the word field 'cooking' and put them in a grid like this:

things you use	what you do	food you need
teaspoon	fry	pasta
...	...	...

**workbook**  
M3

**tip**  
Add the grid to your 'food' wordbank.

**M6** Eating habits around the world  

a) People in other countries have different ways of eating and cooking food. Match the pictures with the texts.



**Italy**

Italy is famous for its pastas. It is not easy to eat spaghetti. That's why people use a spoon and a fork when they eat spaghetti. You never cut it with a knife.



**China**

The Chinese eat their food with chopsticks. You can buy very expensive chopsticks and very cheap ones. The food is in bowls. People hold their chopsticks in one hand.




**Britain**

The British eat peas by pressing them onto the back of a fork with a knife. They also use this method to eat small pieces of meat and potatoes.




**North America**

The native Americans from the north-west sometimes grill fish. They make a frame around the fresh fish and hang it over a fire. It's a very tasty way to cook fish.

 b) Choose another country. What food is this country famous for? You can ask friends, parents or neighbours. Or you can look in books, magazines or on the Internet. These questions can help you:

- What is the most popular food in ...?
- What do people use to cook and eat their food?

Take notes and tell the class about what you found out.


 **How to ...**  
give a talk

**M7**  **It's in the text, isn't it?**

Add the question tags to these sentences.

- 1 You don't cut spaghetti with a knife, ...?
- 2 Chopsticks aren't very expensive, ...?
- 3 The British eat peas with honey, ...?
- 4 You can read a Chinese menu, ...?
- 5 The Chinese hold chopsticks in one hand, ...?
- 6 Germans love sauerkraut, ...?
- 7 Pasta is often a starter in Italy, ...?
- 8 The British put lots of vinegar on their chips, ...?

 **LIF**  
9

 **workbook**  
M4